

*Project your Inner-self  
to the World*



*... from the inside out*

Life in Harmony also offers other  
meaningful courses:



Modern Etiquette Courses



The Confident Woman



One on One Coaching

## *Life in Harmony*

A note from Roslyn, owner and  
instructor of  
**Life in Harmony.**



Throughout my life I have  
been involved in helping  
people reach their full  
potential.

After modelling for 5 years, I  
taught self improvement and

fashion modelling courses with an  
International Modelling Agency. The skills  
that I learned and taught, have been used in  
many aspects of my life. I have raised two  
magnificent children and have helped many  
other individuals shine "*from the inside out*".  
I believe that we all have unique inner  
beauty and creativity and that everyone  
needs to know how to let it shine.

**Life in Harmony** is a consulting business that  
incorporates individual personal coaching  
and group courses that help you obtain  
confidence in all aspects of your life and to  
find an outlet for your creative side. The high  
standard of these courses is maintained by  
my pride in motivating others in an  
entertaining and inspiring atmosphere.

*Roslyn*

[lifeinharmony@shaw.ca](mailto:lifeinharmony@shaw.ca)

250-217-0768

## *The Creative Artist in You* Copper Etching



*Life in Harmony*

Personal Development  
Coaching and Classes

*...from the inside out*



# Unleash the creativity in you ... one step at a time.

## The Creative Artist in You



"Every child is an artist, the problem is how to remain an artist after growing up." Pablo Picasso. Creativity is still there, we just need to awaken it more often.



Learn how to let creativity into your thoughts, listen more carefully, and be aware of the powerful force that can be unleashed in your life.



Break through the artificial boundaries you place around your problems by using creativity.



Accentuate the positive in you, recognize your fears, and overcome challenges ...

### Copper Etching



Copper has remarkable properties and sensuous beauty. It has been valued and worked by mankind for nearly 10,000 years. The more I work with copper the greater of an awed respect for, and a joy in working with the metal I have. It is a great medium to use to teach others to look for the creative side of themselves. We all have that creative side, even if not tapped into yet.

Come out and learn the ancient method of metal etching to make copper jewelry that suits you. Everyone has a creative spirit inside them, now it is time to let it out while designing your own unique copper cuff.



Copper has a character and special properties that make it unmatched for artistic and human spirit expression.



The process you will be exploring, etching, differs from engraving mainly in that acid does the work of removing the metal. This process allows a fluidity of mark and expression with an amazing degree of control.

*"This course is taught in an enriched atmosphere with positive energy and professional guidance"*

One full day, two half days or 3 evening classes available. Courses include all basic supplies. No previous art experience required.



For further information contact:

## Life in Harmony

lifeinharmony@shaw.ca

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